

# THE GLS HIKE CHALLENGE

**A hike to challenge your navigational, teamwork, problem solving and all round Scouting skills.**

**DATE:** Saturday 19<sup>th</sup> November 2011

There will be a check-in process for each team and points are awarded for correct dress and equipment.

The Check-in will be 25 minutes before the team is due to start the hike. All times will be advised as soon as possible (usually during the week before the event).

The first team will leave at 09.30hrs and subsequent teams at 5-minute intervals.

The course takes up to 4 hours.

**PREPARED  
FOR ADVENTURE?**

**LOCATION:** Otford Scout Headquarters.

The competition will take the form of a hike of approx. 7 miles. Teams will have to make their own way to the start and may receive no further assistance until the end of the competition.

## **TEAMS:**

The capacity is for upto 24 teams. Teams should consist of between 4 and 6 young persons.

When added together the combined total age of the team should be as follows: -

For a 4 member team - not more than 50 years

For a 5 member team - not more than 63 years

For a 6 member team - not more than 76 years

Composite teams may be entered comprised of Scouts from more than one troop. Younger, inexperienced teams may be accompanied on the hike by one of their own Leaders – but they will **not** score towards the competition.

Our aim is to get as many troops as possible taking part so troops can only enter more than one team if there is spare capacity.

### **All ages are taken as at the date of the competition**

#### **BOOKING ARRANGEMENTS:**

Please would you make an initial booking by email to David McGuinness (acc.scouts@gls-scouts.org.uk) or by telephone on 07500 957430. Start-time slot/s will then be allocated and further details sent out.

**FEE:** £10 per team (non-refundable). This is inclusive of refreshments on the day.

**SCORING:** Points will be awarded for accuracy in navigation and competence in tackling the various puzzles/questions along the way.

**RESULTS:** Will be e-mailed or posted to leaders after the event and trophies presented at a later date. The location of the finish will be disclosed to Leaders when teams check in at the start.

**TROPHY:** Will be awarded to the team with the highest overall score. Certificates will be awarded to all teams completing the course.

**ADULT HELP:** is required for manning the checkpoints, search teams, kit checking and catering etc. Please contact David McGuinness (as above) if you feel you could volunteer to help.

Further information and joining instructions will be sent on receipt of the attached entry form. This should be sent, together with the requisite fee, to

David McGuinness,  
12 Abercorn Way, London  
SE1 5HL

Please make cheques payable to Greater London South Scouts.

## MOBILE PHONES

This is the ONE occasion on which the ban on mobile phones for Scouts is lifted.

Each team should have one with them (see equipment list).

# GLS HIKE CHALLENGE

## WEAR :

Casual (not uniform)

### YOU MUST WEAR YOUR GROUP SCARF

Long trousers : t-shirt/polo shirt : jumper / fleece etc. (depending on weather)

Strong, comfortable walking/walking boots (no trainers)

## EACH TEAM MEMBER SHOULD BRING:

Back-pack / rucksack

Spare warm jumper

Snack (*suggest - sandwich, crisps, fruit, biscuits*)

“Munchies” (*high-energy : boiled sweets, raisins etc.*)

Drink - in unbreakable water-type bottle

Small notebook & pen/pencil

Really WATERPROOF waterproof

Woolly hat/Gloves

Sun hat (& sun lotion)

## MOBILE PHONE

Each Team should have a mobile phone. Its number will be recorded for emergencies.

Make sure that it is fully charged and has at least £2-00 credit.

If you have to use it in an emergency, we will refund the cost.

**HOWEVER** all mobiles are at “Owner’s Risk”.

### **EACH TEAM SHOULD HAVE:**

2x Silva Compasses

1x Survival Bag

1x Sleeping bag

1x First Aid Kit

1x Survival whistle

1x high visibility (bright fluorescent, banded) waistcoat per team member.

### **REMEMBER**

The whistle signal for emergency help is three long, loud blasts

The whistle **MUST NOT** be used unless a **REAL** emergency occurs.

If it is, you will be removed from the competition and sent home.

# GLS HIKE CHALLENGE BOOKING FORM

**THIS SHOULD BE RECEIVED, TOGETHER WITH THE ENTRY FEE,  
BY  
SUNDAY 6<sup>th</sup> NOVEMBER AT THE LATEST.**

THE \_\_\_\_\_

(name and district of Troop)

WISH TO ENTER \_\_\_\_\_ TEAM(S)

IN THIS YEAR'S "GLS HIKE CHALLENGE" HIKE.

WE WILL BE PROVIDING \_\_\_\_\_ ADULT HELPERS ON THE DAY.

NAME, ADDRESS AND PHONE NUMBER OF THE LEADER RESPONSIBLE  
FOR THE TEAM'S ENTRY

E MAIL ADDRESS

SIGNED

(Leader.)



**PARENTAL CONSENT FORM**  
**(To be provided for each Scout attending)**

Troop:

Name:

Date of birth:

Address:

Parent/Carer's telephone number for contact during event:

Name and phone number of family doctor:

Details any medical condition, special diets, allergies etc:

I give permission for my son/daughter to take part in the  
County "Hike Challenge" Day Hike.

Sometimes photos and video images of Group Members taking part in activities are submitted to local newspapers, the Group, County Newsletters and Websites or are put on display for publicity purposes. Please note that it is policy that your child's surname will never appear beside any image.

Signed:

(Parent/Carer)

**If you wish to include a copy of health/contact information held by you rather than ask the parent/carer to complete the form please do so and just ask the parent to complete the form without completing those parts....the permission for photographic use is still required. The information must be complete as it is required by the Leader In Charge for each event.**